

Welcome to Summer edition of our newsletter for children and young people!

In this letter you will find our latest news and updates, as well as helpful information and resources. Happy reading!

Meet the Team



Hi! I'm Jane, the Volunteer Coordinator at SENDIAS Bathnes.

Our volunteers are a big part of what makes our team so great. They help out in lots of ways –chatting with families in the community, making phone calls to gather feedback, taking notes in meetings, creating engaging social media content, and much more.

You might have seen me and some of our amazing volunteers at local SEND events and fairs. My role is all about making sure we've got a great team of volunteers who feel confident, supported, and ready to make a difference.

I absolutely love working with our volunteers. They come from all kinds of backgrounds, bringing their skills, passion, and time to support children and young people with special educational needs and disabilities (SEND) – as well as their parents and carers.

A message from our Youth Participation Group – 'SEND Out'

It's been a real learning experience for us as a service – and a joy to find new ways to connect with young people. Your voices have helped us and have been invaluable in shaping our work and recognising what can be done to ensure children and young people feel supported.

Thank you to those of you who have joined us at our sessions so far – we are so looking forward to what our group sessions will achieve in the next academic year!

We want to hear from you!

Please help us by filling out our form [HERE](#).



We want to know what we can do to make our SEND Out sessions more accessible and engaging for children and young people. Any feedback, whether you've been to one of our sessions or not, will be valuable and will help us develop our sessions to make them even better!

Every session we meet to have a friendly discussion around a SEND topic, alongside a game / activity with snacks provided!

They are a brilliant opportunity get involved in our work.

To name just a few of the highlights, so far we have...

- Had conversations around making our website more young people friendly.
- Discussed travel in BANES – and are looking to make resources around this topic to support young people.
- Held a session to feedback on recent social care law reforms that will impact children and young people.

We are already making plans for the new term! Please let us know your thoughts & ideas!

JOIN US!

SEND Out is our free, friendly youth participation group for children and young people up to the age of 25, who have experience of SEND.

No diagnosis is needed to join us. You may have SEND yourself, know of someone who does, or even have an interest in working with children and young people with SEND – everyone is welcome!

We aim to meet once a term, and you are free to contribute as much as you wish to.

If you are interested in attending or would like to hear more about us, you can ask us for more information at any time.

We would love to hear from you!

Topic of the term

Our theme of the month for June was Educational Transitions.

Transitions can happen at various stages throughout education for a variety of different reasons. And as the summer term ends, it can be expected that there will be changes in routine for most.

This might be changes in your daily routine, changes as you come to the end of the school year or even towards the end of your education. You may even be anticipating exam results and feel unable to plan ahead.

Educational transitions can feel incredibly difficult at times for everyone. What might feel comfortable for one person, may not feel the same for another – and that's okay!

It's not unusual to feel lots of emotions as transitions happen, and there is lots of support, advice and information available to ensure that the process is as smooth as possible.

Helpful Resources & Support

[See our top tips for a successful school transition](#)

[See our Information guide with guidance for transitions for moving to secondary school](#)





If you are preparing for results day...



Remember that results will cause nervousness for every student. It's a real possibility that you will feel and experience a mix of lots of different emotions in the lead up to, on the day and after you get your results – but you will not be alone in that.

You can feel reassured that there are lots of routes and options, and however it works out for you, there will be a way forward. You might like to chat to a trusted adult / friend about any worries and questions you have to help you feel prepared.

On the day, there may be lots of young people heading to the same place at the same time – you might like to consider collecting your results at a quieter time to reduce any overwhelm. You may feel that having someone with you (whether they wait outside or come in with you) will help you.

The anticipation that comes with waiting for results can feel difficult for some, but once you have them you will have the information you need to make your next steps.



Careers Advice

Bath College offers a free, impartial careers advice service to young people who are looking for support.

You do not need to be accessing education at Bath College to be eligible.

You can find out more information about the offer, including contact details on their website [HERE](#).



Achieve in Bathnes

Support and guidance for pathways into employment and skills development. Take a look at some of the initiatives available to young people in BANES using this link.



<https://www.achieveinbathnes.co.uk/support-and-guidance>

Service Spotlight

Specialist Autism Support Service (SASS)

SASS do incredible work around supporting families in B&NES with educational transitions. And they have fantastic resources that they have been kind enough to share with us for our newsletter.



**Specialist
Autism
Support
Service**



**Autism
Education
Trust**

**Regional
Partner**

The B&NES Specialist Autism Support Service (SASS) is a team of specialist practitioners aiming to empower education colleagues, families and young people across B&NES to access the most appropriate support and information. SASS' Universal Support offer includes:

Sharing of resources including our [SASS Specialist Guide for Education Settings](#)

Our range of Padlets with supporting resources and information www.padlet.com/SASSBathnes

Our SASS Helpline on Wednesday mornings 9am-12pm **01761 412198**

Training for professionals including AET training

SASS Choir see our flyer [here](#)

School Audits Using the AET Standards Framework see our audit resources [here](#)

Referral to SASS Specialist Support for identified students

Regular newsletters including best practice updates, new resources... and more <https://padlet.com/SASSBathnes/newsletter>

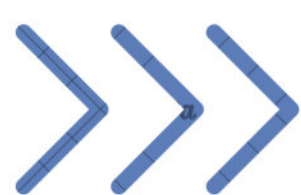
Training for parents/carers including [Cygnet](#) training

Parent/Carer Coffee Mornings

For information about training and events, and one-page profiles of the team members, please visit: <https://padlet.com/SASSBathnes/Updates>

Where support to implement best practice regarding autism and SEND is required, please also consider contacting the SEND and AP Advice Service:

<https://livewell.bathnes.gov.uk/special-educational-need-or-disability-send/send-and-alternative-provision-ap-advice-service>



TRANSITION SUPPORT resources from SASS



our most recent summer newsletter with tips for managing change and transitions



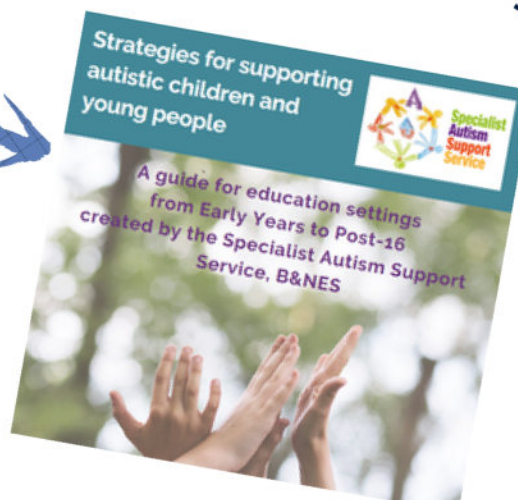
our editable transition workbook, downloadable from our Transitions Padlet



search the word 'transition' in our new specialist guide!



SASS provides the Autism Education Trust's Early Years and Schools Transitions modules and the Post 16 Transitions to Employment modules. To enquire about your training needs email sass@fossewayschool.com



Drop In sessions with secondary schools in September, as 'check ins' for students who have received specialist transition support. This also provides an opportunity for team members to provide general advice around good autism practice at the start of the new school year



SASS will provide support around key transitions in a limited number of cases where it can be shown that the child or young person will need **additional, specialist support beyond the good practice strategies already put in place** in their current setting. Our transition referral form can be found [here](#) on the Transitions Padlet.

Staying well & Looking after yourself in summer

Changes in routine (even small ones) can take its toll. Its important that you remember to be kind to yourself!



Here are some reminders & support for you.

Local mental health charity 'Boys in Mind / Girls Mind Too' spoke to our children & young people ambassador, Summer about CLANGERS for wellbeing, and the importance of prioritising our mental health.

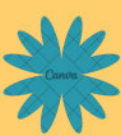


Click here to watch our conversation with Ele about CLANGERS IN 2024!



Click here to view Boys in Mind's latest CLANGERS video!

Something to read....



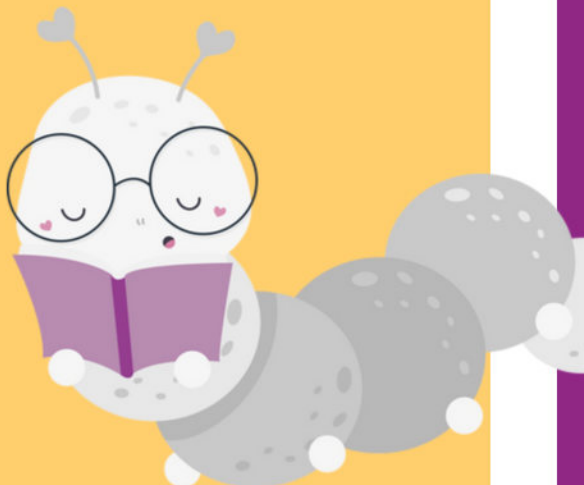
Blog Post from Young Minds
How to cope with loneliness in the summer holidays



Blog Post from Young Minds
Tips for dealing with back to school anxiety



Joe’s Buddy Line
Protecting your mental wellbeing in the heat



Wellbeing & Support Services

Shout

Free, confidential, 24/7 text service. Text 85258.

Campaign Against Living Miserably (CALM)

You can contact their helpline via live chat, WhatsApp or by calling 0800 58 58 58

The Mix

Support for children and young people up to the age of 25. Online resources, tools and support for a range of topics.

Travel schemes for children and young people

Free Bus travel in Holidays

From Saturday 19 July to Friday 5 September, all under-16s can ride most regional buses for free without advance arrangements. No adult fare is required, so teenagers can travel with their friends at no cost.

Kids Go Free

Diamond Travelcard

Since April 2025, your disabled bus pass can be used at any time, any day, throughout Bath & North East Somerset, Bristol, South Gloucestershire, and North Somerset. **Find out more about this travelcard**



Summer Events & Activities

Here are just a few ideas of something to get up to during the summer holidays.



These are all free or low cost.

A full programme of summer activities here from Youth Connect South West



Inclusive and accessible cycling sessions for all ages

Local cinemas often offer ‘Relaxed Screenings’ for those with SEND, you might like to find one near you HERE



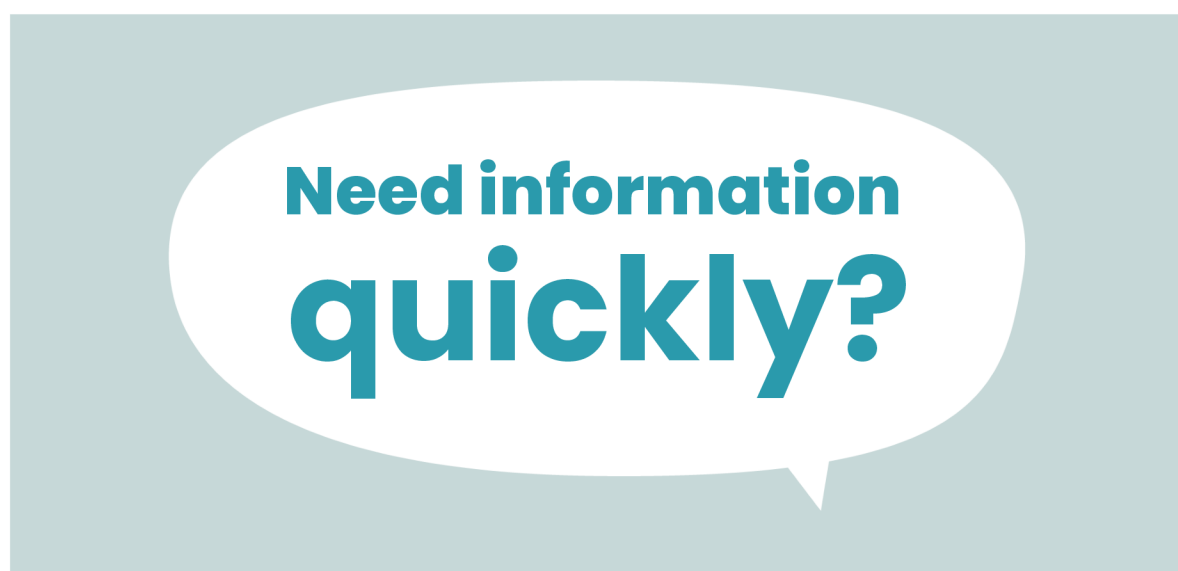
Live Well BANES have a list of inclusive activities on their website HERE

Find a green space or park to have some summer fun HERE



Contacting us

Try our new form!



You can now request information from us directly to your inbox. We've set it up to cover a variety of topics including:

- Support schools should put in place for students with SEND
- Reasonable adjustments
- A refusal to carry out an assessment for an EHCP
- Information on how to check a draft EHC plan
- Information about annual reviews

[Click here](#) for the full list of topics covered and to request information

Our SEND Surgery is closed for the holidays

During the summer holidays, our SEND surgery bookings are paused.

We are offering a reduced service so all staff can have a rest in preparation for the new term.

You can still contact using any of the contact options listed below.

Opening Times over the Summer Holidays

While we do have a reduced service, we are still open over the summer if you would like to speak with an Advisor. There are also lots of resources on our website to help answer any questions you might have.



[You can contact us by:](#)

Our website sendiasbathnes.org.uk/getintouch

Calling us 01225 394382

Sending an email to sendias@bathnes.gov.uk

Texting us 07530263401

Thank you for taking the time to read our newsletter, and for all of your support throughout this year.

Happy Holidays from everyone at Sendias Bathnes!



Stay connected with us on social media for our latest updates!



sendiasbathnes.org.uk