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Welcome to the newest edition of our children and young people newsletter.

Happy reading!





"My name is Summer, and I am the Children & Young People Ambassador for the service.

I'm here to help ensure that the voices of children and young people are at the heart of everything we do. From my personal experience of growing up with SEND in education, I understand the difficulties that children and young people may face, and just how important it is to feel heard, and supported to succeed.

My job is to increase awareness of our service so that young people (up to age 25) know they can reach out for support. This includes attending events, sharing information and resources, answering questions, and directing young people to the support we have on offer."

### **SEND Out! Youth Participation Group Update**

### We would like your feedback

We want our group to better reach children and young people. Please let us know your thoughts!

Any feedback we receive from any young people will be a great help. Please click the link to the survey below.

Even if you haven't attended a group so far, we would like to hear your thoughts to make things more accessible and interesting.

Our group is open to anyone aged 11 to 25—no diagnosis needed!

We want this to be an inclusive space, so feel free to bring your siblings and anyone interested in SEND.

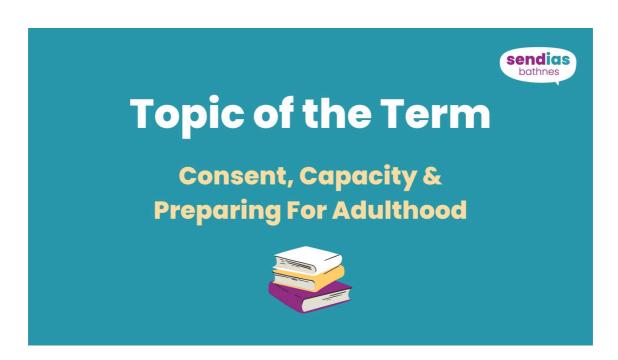
If you are interested in attending SEND Out for the first time and you'd like to meet us beforehand or arrange a time to catch up and learn more about the group, please contact us. We'd love to hear from you!

Our next session will be on the 1st April 5:30-7pm

Keep your eyes on our <u>events page</u> for more information!

**Click here for Youth Participation Group Survey** 

### Topic of the Term - Pathways to adulthood, Capacity & Consent



Understanding consent, capacity and who can support you in making decisions is key as you prepare for adulthood, as this often comes with an increased expectation to make decisions about your future, support you would like, and your aspirations.

We have made a new short video about this topic, click the button below to view:

### Some local advocacy services that are there for you:

## Off The Record

Off The Record are a mental health and wellbeing charity providing free, confidential and independent support to young people aged 10-25 across Bath and North East Somerset

## **Sendias Bathnes**

We can support and empower you to make informed choices and ensure that your voice is heard in decisions that affect your education and wellbeing.

#### Youth Connect South West

Youth Connect South West (YCSW) provides support to young people living in Banes who are aged 16-19 or up to 25 if they have a current EHCP and are not eligible for other services.







## Resources and preparing for adulthood events and information

#### Live Well BANES

LiveWell BANES have a variety of information on their website that relates to supporting young people from year 9 onwards with preparing for adulthood.

### Career Drop In (Bath) - Youth Connect SW

A drop in for young people to seek advice and support with their career path. The team can answer any questions you have and help guide you in exploring your aspirations.

Free workshops for D/deaf, Disabled & Neurodivergent young people

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The Council for Disabled Children are offering free workshops to support young people into employment.

They are hosting a session online on Monday 24th March 10:30am – 1pm.

Topics covered will be:

- CV writing
- Interview preparation
- Skill-building

The workshops are tailored for young people aged 16-25 who are looking for work or preparing to leave school. Whether starting from scratch or looking for extra guidance, it may be helpful.

# CLICK HERE to request a place

### **Project Search – Supporting young people with SEND into employment**

Project Search is a supported internship programme provided by Finding Futures. It is a year long programme designed to support and prepare young people with SEND for the workplace.

CLICK HERE to read the full Project Search pamphlet



#### Other resources

Below are some other resources relating to preparing for adulthood that you might like to look at, click on the headings below to go to the relevant website:

The LUNA Project Transitions Resource

The Learning to Understand Needs & Abilities (LUNA) Project have a variety of

# NHS Ready, Steady, Go

### NDTI Preparing for Adulthood tools and resources

You can get in touch with us using any of the channels listed below.

We also have some really useful resources on our website that may give you some of the information you are looking for, please click on the link below to access the following:

- Sendias Bathnes Factsheets
- Sendias Bathnes Information Series

**Best Wishes** 

The Sendias Bathnes Team

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