

**Top tips
for a
successful
school
transition**

If your child will soon be transitioning from primary school to secondary school here are some top tips...

Top tips for a
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Tip 1:
**Look at the school
website:**

This might have a virtual tour of the school, photos to look at and helpful information.

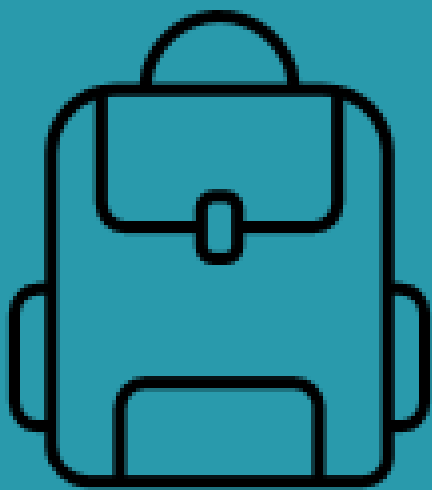
Tip 2: Plan the route to the school

- Plan the route to and from school and practice it a few times
- Work out how long it takes
- Find out where bus or train stops are, or look at street view in Google maps to learn more or to plan a route.
- Load tickets on your phone or on a pass.

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Tip 3:

Find a suitable school bag

Find a bag which is big enough to fit everything you need in it:

- Books
- Pencil case
- Water bottle
- PE kit
- Packed lunch

Practice packing your bag.

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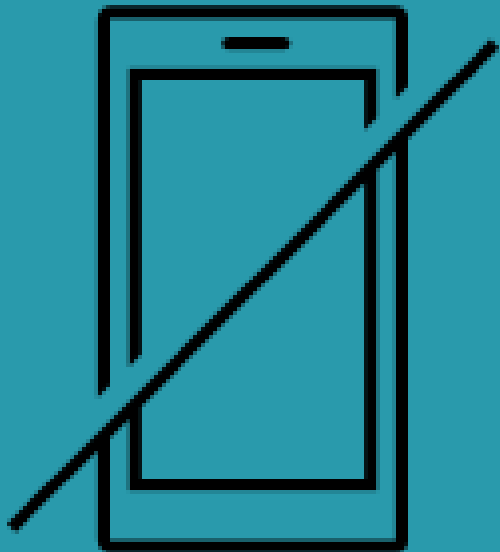
Tip 4: Practice wearing a uniform

If there is a uniform get one as soon as possible. Practice wearing it and learn to do a tie if needed.

Wear new shoes to break them in and have blister plasters in case they rub.

Check whether make up or jewellery are allowed.

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Tip 5:
**Check the school's
phone policy**

Check the school's policy of the carrying and use of phones.

If you cannot use your phone, will you need a watch, so that you can tell the time.

**Tip 6:
Check if you have a
locker**

Find out if you will have a locker to keep your belongings in.

Have a keyring and a safe place to keep your key so that you always know where to find it.



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Tip 7:

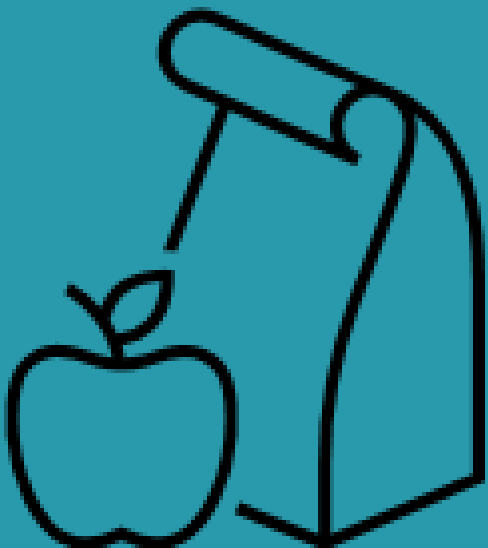
Find out if there's a canteen

Find out whether there is a canteen. Most schools use pre-paid contactless systems, with fingerprint or card ID, rather than using cash.

You may prefer to take a packed lunch.

Fill in any forms needed to register your fingerprint before you start school.

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**Tip 8:
Find where the water
station is**

- Find out where you can fill a water bottle.
- Try to visit the toilet at break and lunchtime.
- You may want to take, or purchase, a snack.



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Tip 9:

Don't worry about making friends initially

You may have friends from your primary school moving up to the same secondary school with you. Don't worry if you don't.

Everyone will be new, and you will soon make friends. Think about the qualities that you look for in a friend when meeting new people.

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Tip 10: If lost, ask for help

It will take a while to find your way around a new building.

Don't worry if you get lost. This is normal. You can ask for help.

Find out if there is a map of the building which you can look at.

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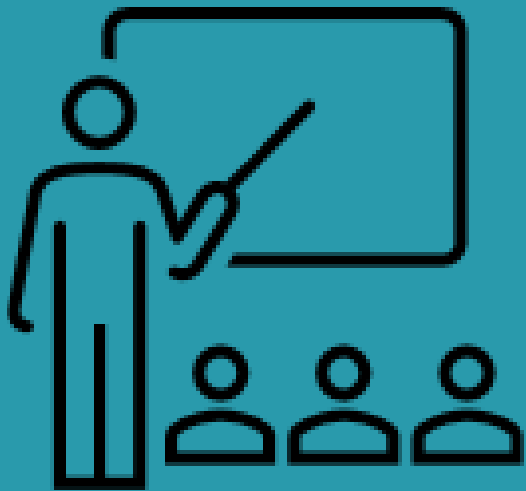
Tip 11:

Ask teachers for help

If you are worried, lost, or need help, you can ask a teacher for help.

You may have a tutor, learning mentor or another person who you can go to.

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Tip 12:

Use a planner for homework

Use a diary or planner to write down when any homework is due and what needs to be done.

Try to do a little bit each day rather than letting it build up.

Using a planner or diary can help you organise what you need each day and where you need to be. To do lists can help too.

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Tip 13:
**Speak to other
people already at the
school.**

Ask them about school life or anything which you are worried about.

Find out if the school has a buddy system if you don't already know someone at the school.

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